

What's It Like to Be a Physical Therapist

Expert: Sandy Brooks, Physical Therapist

Targeted Grade Levels: Grades 5 through 12 would probably benefit the most.

Availability: Program requests must be made at least two weeks prior to your desired date. When enrolling, please let us know several possible dates and times you'd like to schedule your interaction.

Program Description:

Curious about a career in a medical specialty? Join Sandy Brooks, physical therapist as she discusses her career. After becoming a physical therapist, she became a board-certified specialist in pediatrics. She has worked in the neonatal intensive care unit, schools, home care and in private practice. She built her career as a practitioner into an expert witness, international speaker and author. She will answer your questions and share information about the day to day aspects of her job as well as the possibilities you can create for yourself as a therapist.

The program's conversation will be guided entirely by the topics you wish Sandy to address and the questions your students want Sandy to answer. For example, if your students are elementary or middle school students who send topics and questions focusing on general career exploration then that will be the direction of your interaction; if your students are high school students wanting to focus on more specific aspects of that industry, then that will be the direction of your interaction. Your topic preferences and advance questions are due to us no less than three days prior to your scheduled interaction.

Program Objectives:

Participants will:

1. Define physical therapy.
2. State at least 3 different areas of specialty in physical therapy.
3. Identify 3 steps to becoming a physical therapist.
4. Name two resources to find more information about physical therapy.

Program Format:

Biographical Information: Sandy Brooks is an artist, photographer and pediatric physical therapist. She has her BS in physical therapy from the University of Missouri-Columbia, MA in physical therapy from the University of North Carolina-Chapel Hill, and doctorates in education and public policy analysis. She has worked in University Hospitals in the neonatal intensive care units, pediatric clinics, schools, and homes. She developed a technique to assist children with cerebral palsy and other neurological disorders. Her book and videos on the subject are used around the world. She has lectured extensively throughout North America. She developed an extensive private practice providing direct services as well as consultations to states, schools and courts. Included in her private practice were therapeutic leisure programs with horses, dogs, art and swimming.

Overview: I can discuss and show what I did in my practice including working with children, the arts and animals. If any participants choose, I can discuss the experiences the participants have had with individuals with disabilities and therapy. We will also discuss what is required to be a physical therapist and then to become a board-certified specialist.

Heart of the Program:

Examples of what I do working with children with disabilities incorporating animals and art into therapy.

What is a physical therapist and what is a board-certified physical therapist?

What do you need to know to be a physical therapist?

Where to find more information on the web and in the community

Conclusion:

Wrap up focus:

What does a physical therapist do?

Variety of areas and interests in physical therapy

How to be a physical therapist

Final questions from students

Cost and Payment: \$150—Payment may be made via credit card or school district purchase order and must be received prior to the scheduled program date. Members receive a 20 % discount on our Point to Point programs.

How To Connect for the Program:

1. Via Zoom or other similar desktop videoconference software
2. Via h.323 Videoconference

When you enroll for the program, please let us know your preferred method of connection.

Cancellation Policy: Once a date and time has been scheduled for your interaction, you can cancel or reschedule without penalty within 24 hours. After 24 hours and up to 7 days before your scheduled program, we'll refund 50% of your original fee. Within 7 days of the scheduled date, we do not offer a refund. Should an uncontrollable emergency occur (i.e.: snow day, etc.), we will work with you to reschedule the program for a new date and time but should that prove impossible, we will refund 50% of your original fee. Should our program expert or other circumstance force a cancellation on our end from your original date, we will work with you to reschedule the program for a new date and time that works for you, or we will refund your purchase in full.

Featured National Standards:

National Health Education Standards

Standard 1: Students will comprehend concepts related to health promotion and disease prevention to enhance health.

Standard 2: Students will analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors.

Standard 3: Students will demonstrate the ability to access valid information, products, and services to enhance health.

Standard 5: Students will demonstrate the ability to use decision-making skills to enhance health.

Standard 6: Students will demonstrate the ability to use goal-setting skills to enhance health.

Standard 7: Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.